

Claimant Commitment: For **Jobseeker's Allowance** and **Universal Credit** you agree a "claimant commitment" with the **DWP**. It's important that this includes any reasons you can't look for work or you could be **sanctioned**. Seek advice if you're unhappy with your claimant commitment.

Benefit Sanctions: You should appeal all Benefit sanctions. You can get money from **DWP hardship payments** on **0345 608 8545** and **Scottish Welfare Fund crisis grants** on **0141 276 1177**. If the **DWP** phone you, remember you're entitled to **challenge** and you will probably be successful.

Lone Parent's Jobseeker's Allowance: There are special rules about being available for work. This means sometimes you will be treated differently to others claiming JSA. Call the free lone parent helpline on 0808 801 0323 for advice.

This information is available in alternative formats and languages. Please let us know what you need: Phone **(0141) 287 8732** or email sw_welfarerights@sw.glasgow.gov.uk

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Universal Credit: Introduced in Glasgow in June 2015 for new, single claimants. It replaces **Jobseeker's Allowance** and **Housing Benefit**. You won't be paid until after a month long assessment. Request an **advance payment** from the DWP if you need it.

Personal Independence Payment (PIP): People over the age of 16 are being moved from Disability Living Allowance (DLA) to PIP in Glasgow. You will get a letter from the DWP asking if you want to transfer to PIP. Your DLA will be suspended after 4 weeks and will be stopped if you don't reply to this letter within 8 weeks.

Bedroom Tax: The Bedroom Tax doesn't apply if you're old enough to receive Pension Credit. If it is applied to you, you should get advice about appealing. You should also apply for a Discretionary Housing Payment (DHP) on **0141 287 5050**.

Debts: If you're struggling to pay your bills you can ring Glasgow Advice and Information Network for free advice on **0808 801 1011**.

Contact Glasgow's Advice and Information Network (GAIN) for free and confidential advice on **0808 801 1011**. Mon-Fri 10-8pm, Sat 10-2pm. Some mobiles may charge.

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