

CORONAVIRUS (COVID-19) DAILY INFORMATION UPDATE



KEEP UPDATED AT ALL TIMES ON THE WEBSITE

<https://www.glasgow.gov.uk/staffupdates>

4 May

Public Holiday – May Bank Holiday

As we approach the May Bank Holiday, it is important to highlight that our public holiday, scheduled for Friday 8 May 2020, was in recognition of VE Day Celebrations, and will be operated in line with our employees contractual arrangements.

Essential workers - for those staff delivering an essential service – which will continue to be delivered 7 days a week – many of you may normally work a public holiday. You will be aware of your working arrangements over the forthcoming May Bank Holiday as part of your Service business as usual operational activity.

VE Day 75th Anniversary celebrations – public commemorations will be held online. An online service of remembrance and a two-minute silence will lead Scotland's public commemorations of the 75th anniversary of VE Day on 8 May. You can find out more here. [Read more information here.](#)

Tenant appreciation for Neighbourhoods and Sustainability Teams



Throughout the current crisis the **Bin Replacement team (BRP) at Neighbourhoods and Sustainability** is continuing its programme to replace 48,000 old metal dustbins at flats and tenements in the city with 80,000 new wheelie bins, free of charge.

Kevin Howell, Project Manager said: "We are providing residents with new bins and supporting our essential frontline services by providing increased bin capacity during this difficult time."

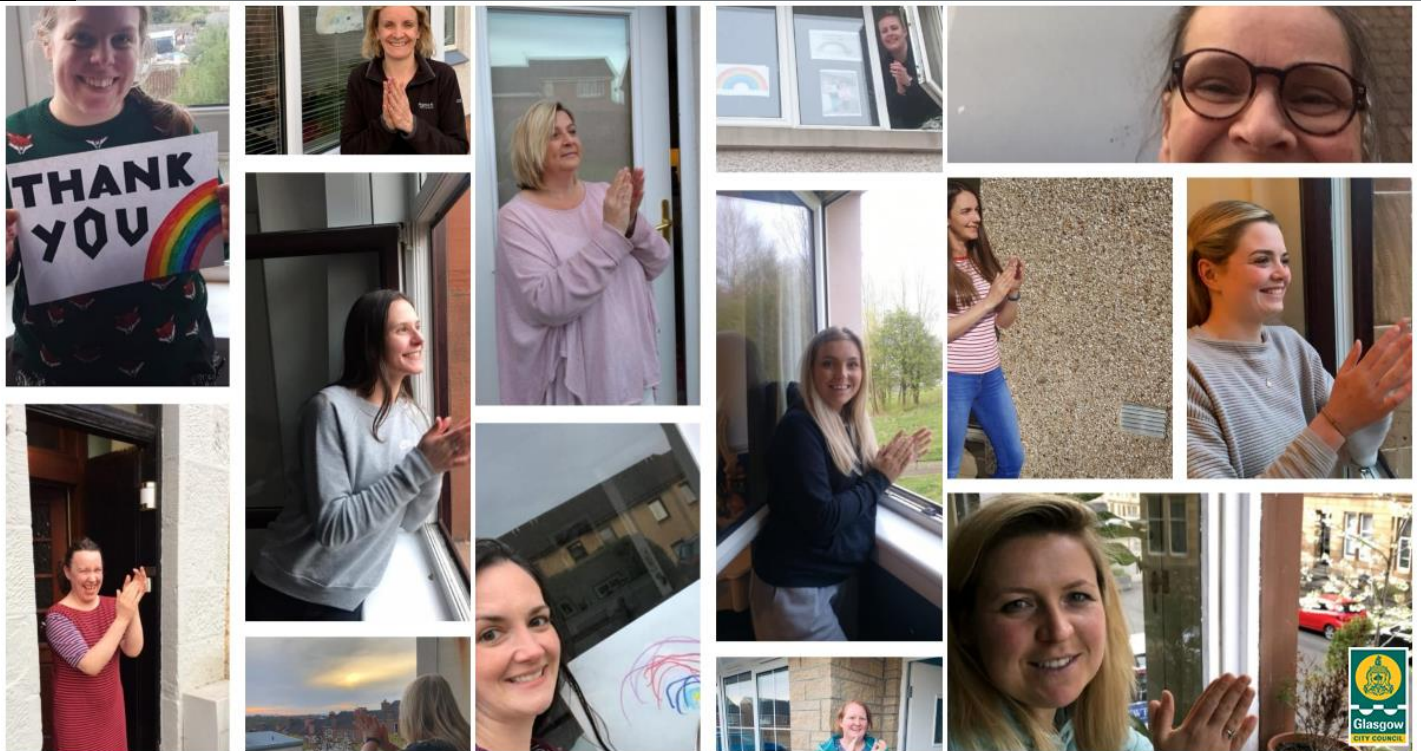
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“Our BRP teams are reporting that residents are being supportive and appreciative of our efforts during this challenging time. One elderly resident at Berkeley Street even contacted her local Housing Association to ask for her compliments to be passed on to our teams.”

Here’s what **Karen Hillhouse, Estate Services Officer at Glasgow West Housing Association** wrote to Kevin about the comments from the tenant: “She is absolutely delighted with the service her close received from front line staff yesterday who were delivering the new bins and removing the old. She wanted me to pass her comments on to you all for everything local managers/operatives do to help keep Berkeley Street clean and tidy. She said their hard work doesn’t go unnoticed.”

Congratulations to the team for all their hard work.

Cadder Primary School staff – show their thanks



In support for our colleagues and to promote [@clapfornhs](#) [@clapforcarers](#) [@clapforkeyworkers](#) Cadder Primary School staff created a collage to show their ongoing support and chance to say thank you.

Thank you to everyone delivering essential roles at this time to keep our city running!

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Thank You!



#StaySafe

Eating well – LEARN how to rest, refuel and rehydrate

Eating Well can help your Mental Health and Wellbeing

Life isn't easy at the moment but eating well and as healthily as you can will help your body cope better with the demands placed on you during this difficult time.

- **Refuel** - the Scottish Government is advising us to focus our meals and snacks around starchy food such as pasta and rice, and filling up on fruit and vegetables to help keep our energy levels maintained. Where possible, set aside some time to plan your meals and shopping to help you eat healthily when you are busy.
- **Rehydrate** - drinking water often throughout the day will help to keep you hydrated.

Linking in with the **5 ways to wellbeing** to promote healthy eating habits, today we are focusing on **LEARN**.

LEARN-

- Find out about the different food groups you should eat and how they can benefit your health on the [NHS inform website](#).
- There is also guidance and learning resources on eating well at [Food Standards Scotland, Healthy Working Lives and the Parent Club](#).
- [The World Health Organisation](#) also has guidance on food and nutrition tips during self-quarantine.
- Use the extra time you may be at home to learn how to prepare and cook new recipes.
- Check out [Eat Better Feel Better](#) – an excellent resource featured on the **Parent Club Website** which is packed full of useful information on healthy eating for the family – from quick and easy family recipes to handy

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meal planners and cook-a-long videos to help you get organised in the kitchen.

Visit our staff [Your Mental Health and Wellbeing section](#) on our website for more detailed information and resources to support you at this time.



VOLUNTEER

Help to keep **our city** running during this challenging time

SIGN UP TO **VOLUNTEER NOW**



Share your story with us



At this challenging time – we would love to hear about what you are doing to help support the city.

- Have you volunteered in another section to help deliver an essential task?
- Are you particularly proud of your team or a colleague and the work they are doing to keep services running to our citizens?
- Have you seen a colleague go above and beyond to help deliver a service?

We would love to share your stories with your colleagues across the council – so please get in touch. Email a couple of lines and a mobile phone picture (if you have one) to Insider@glasgow.gov.uk

We know you're all proud to play your part for the city - thank you for making a difference.

Keep up the great work – what we're hearing on Twitter

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Jasmine Thai Massage @MassageJasmine

April 30, 2020 - 9:53am • View Post

Post

****THANK YOU SCOTTISH GOVERNMENT&GLASGOW COUNCIL****so grateful to have now received the Covid-19 Small Business Support Grant of £10,000. Despite obvious pressure that thousands of applications for must have claimed was dealt with promptly&professionally @NicolaSturgeon @GlasgowCC

Follow us @GlasgowCC on Twitter or Glasgow City Council on Facebook

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