

CORONAVIRUS (COVID-19)
DAILY INFORMATION UPDATE



KEEP UPDATED AT ALL TIMES ON THE WEBSITE

<https://www.glasgow.gov.uk/staffupdates>

5 June 2020

Staff news update

STAFF NEWS



From Monday 8 June we will bring you all the latest staff news a couple of times a week.

We will continue to use corporate email and our staff updates web page to keep in touch with you.

Don't forget to check our staff updates page regularly to keep up to date with **important news** as well as our usual top tips to support your **wellbeing** and our **staff 'shout outs'** where we showcase the great work going on to keep our city and services running.

Please let us know if you would like to give a shout out to your team, or a colleague, and let us know how they are going above and beyond to deliver a service.

We know you're all proud to play your part for the city – so email your 'shout outs' to Insider@glasgow.gov.uk and we can say thanks for you.

Visit <https://www.glasgow.gov.uk/staffupdates> for all the latest staff news.

Staff "Shout Outs!" – feel good Friday!

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**Shout out to all our IT colleagues
across the council and CGI**

**“Thank you for all your hard work
in helping to rollout new
technology and solutions to allow
us to work remotely and safely.”**

**Shout out from Kirsty Fereday – Chief
Executive’s Department**

“A massive round of applause to all my
colleagues in the council communications
team. You are all doing an amazing job
keeping everyone informed 24/7. Your hard
work deserves recognition. Well done!”

**Shout out from Gordon Stevenson. Resource
Worker, Social Work Services Hospital Team,
GCHSCP**

**“Thank you to all the Social Work Hospital
staff – in particular the Admin Teams and
Team Leaders.**

**“It’s been a tough shift. Thanks guys, I noticed
every little thing you’ve done for us!”**

**Big shout out from Mrs
Thomson to all the teaching staff
at St. Saviour’s RC school
in Govan**

**“For turning up every day on a rota
basis and going above and beyond
the call of duty. Nothing phases
them! Thank you for all your hard
work and dedication.”**



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Volunteer hero Kenny has to 'think outside the box'



Kenny Lang

Local Area Co-ordinator

**Glasgow City Health and
Social Care Partnership**

Kenny Lang is a Local Area Co-ordinator with the Glasgow City Health and Social Care Partnership who recently had to 'think outside the box' about how to support one of his families to help reduce social isolation during lockdown. Normally his team are able to support and introduce service users to the local opportunities in their communities on a face to face basis. Given the current situation Kenny volunteered to go above and beyond to help find a solution to support one of his families whose two sons both have learning disabilities.

Kenny explains: "Some of our service users don't have access to the necessary equipment to stay connected whilst staying safe at home. So we needed to think about how we could support them remotely. Working with two of the organisations my team link in with, I have been able to source an iPad to enable this whole family to feel less isolated at this time. It will be fantastic for the parents to be able to take part in virtual activities and for their sons to link into online meet ups, quiz sessions and other supported fun activities for individuals with a learning disability.

"The family are so appreciative and excited about how this will change their day to day activity and support their mental wellbeing. I have arranged for the relevant software to be pre-loaded and will support the family to get connected when it is delivered, whilst adhering to physical distancing. They are really looking forward to taking part in the daytime discos!"

The family told us: "It's so boring sitting in the house doing nothing all day. It's great Kenny has been able to get us an iPad and it will help us all to get online and join in on some fun activities, We are looking forward to speaking to different people and having a bit of fun too, thanks very much Kenny."

Thank you Kenny for volunteering to find a solution to help support our service users.

Fiona - superhero teacher volunteers to work in care home



Fiona Higgins
Supply Teacher
Education Services

Fiona Higgins is a **secondary school supply teacher of Religious, Moral and Philosophical Studies (RMPS), Education Services** and is currently volunteering as a **Social Care Assistant** at **Hawthorn House Care Home**.

Fiona explained: "I was really keen to find a way to help my community during these tough times and as I used to be a carer, I knew my previous experience would be so valuable to a care home during a time where many staff are absent due to shielding or illness. It is so encouraging seeing people putting themselves forward to help others. This crisis has definitely proved that 'People Make Glasgow', which has been so uplifting for me."

A typical day for Fiona is now very different from what she is used to at school. She starts her 12.5 hour nightshift at 7:45pm, which involves a handover from the day shift then providing food and hot drinks and medication to the residents. **Fiona** added: "I like to spend time talking to residents and try to build up a relationship with them. This is so important as families cannot currently visit and it comforts them to have this companionship with staff and it's lovely as a staff member to really be able to get to know the residents better."

Fiona continued: "Volunteering makes me feel a sense of community, of meaningful connection with other people. It makes me feel a sense of hope because I know we can positively alter a situation that is difficult by finding a way to help out. Staff and residents often say to me that they have been really touched and encouraged to know that in a time that is especially hard for care workers, that many people have volunteered to help. They appreciate and value the volunteer staff who are allowing vital services to continue."

Fiona concluded "I feel myself and other social care volunteers are making a huge difference to social care services across the city".

Thank you Fiona for stepping forward to help deliver an essential service.

SAY THANKS!

Get creative and say thank you to Scotland's volunteers past and present this **#VolunteersWeekScot**

Step 1



Record yourself (voice memo or video) thanking Scotland's volunteers or a specific volunteer that has helped you.

Step 2



Email your voice memo/video to

volunteersweek@volunteerscotland.org.uk

Be featured on the Volunteers' Week website and in the Volunteers' Week Radio V show on the 6th June!



#VolunteersWeekScot

VOLUNTEERSWEEK.SCOT

Your wellbeing – support to reduce feelings of isolation and loneliness

YOUR WELLBEING

Staying connected can help to reduce feelings of isolation and loneliness

Relationships are one of the most important aspects of our lives, yet we can often forget just how crucial our connections with other people are for our physical and mental health and wellbeing.

Over the past few weeks we have shared tips on how to stay connected with others during the Coronavirus (COVID-19) pandemic.

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However, in seeking to truly combat feelings of loneliness and isolation, we must also be satisfied with our relationships and interactions and therefore quality is key.

The Mental Health Foundation share the following five ‘top tips’ for nurturing healthy relationships which you can put into practice now:

- **Give your time** - put time aside to connect with your family and friends
- **Be present** - take notice of and pay attention to the people in your life and try not to be distracted too much by your phone, work, or other interests
- **Listen** to what others are saying and try to understand and focus on their needs in that moment
- **Let yourself be listened to** - honestly share how you’re feeling and allow yourself to be heard and supported by others
- **Recognise unhealthy relationships** as these can be harmful and make us unhappy.

Find more information on how to create better relationships on the Mental Health Foundation’s website [here](#). Visit [Your Mental Health and Wellbeing pages on our staff website](#) for detailed support and top tips for your wellbeing.

Keep up the great work – what we’re hearing on Twitter

Follow us @GlasgowCC on Twitter or Glasgow City Council on Facebook



Joanne Traynor

May 28, 2020 - 4:31pm • View Post

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now

Glasgow City Council I think you are all doing a marvellous job 🙌🙌
🙌 it is annoying not be able to dispose of item properly at the moment but every month your doing a bit more while keeping staff safe x thank u x

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