

STAFF NEWS



Keep updated at all times on the website www.glasgow.gov.uk/staffupdates

Coronavirus (COVID 19)

Wednesday 10 June 2020



Follow Scottish Government and NHS Scotland advice on travel

Got to travel? Stay safe on your journey

Phase 1

CORONAVIRUS
STAY HOME
PROTECT
THE NHS
SAVE LIVES



Keep a safe distance
from others at stations



Use contactless
payment, m-tickets
or smartcards



Wear a face covering,
respect staff and
other passengers



If you are one of our essential council workers that has to travel during lockdown due to your role, please remember to follow the Scottish Government and NHS Scotland advice:

Plan your journey

- If you have to travel – try to walk or cycle
- If you need to use public transport – plan ahead and avoid peak times
- If you have to drive – avoid congestions and travel outside of busy times.

Stay safe on your journey

- Keep a safe distance when using public transport
- Use contactless payment
- Wear a face covering.

Stay safe when you reach your destination

- Wash your hands before and after travelling
- Try to walk or cycle to your final destination
- Follow guidance at your destination.

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For more information on Phase 1 and the rules on staying at home and physical distancing visit <https://www.gov.scot/publications/coronavirus-covid-19-phase-1-staying-at-home-and-away-from-others/>



Healthy Working Lives GOLD Award



We're delighted to announce that we have, for a seventh consecutive year, retained the Healthy Working Lives (HWL) Gold Award.

This award is recognised nationally and holding the gold level sends a clear message regarding our ongoing drive and commitment to looking after the health and wellbeing of our workforce.

Lynn Norwood, Senior Strategic Human Resources Manager said: "Over the past year Corporate HR have worked hard to deliver a number of programmes and events to tackle some of the key issues affecting staff. From our successful collaboration with our colleagues in Neighbourhoods and Sustainability on a pilot project to help tackle the stigma of poor mental health, to organising workshops on health issues as diverse as menopause and prostate cancer and supporting carers with Power of Attorney we have packed a lot in."

Lynn added: "I also want to highlight the great work that the team have been involved in to support staff through the current Covid Crisis. The daily health and wellbeing briefings have been a great source of information and advice on coping with what is an unprecedented and frightening time for everyone as well as a fantastic support pack for our volunteers."

Going forward the team are currently working on a new Employee Health and Wellbeing Strategy. This will include the feedback from the last staff health survey and continuous work with our partners See Me and the NHS, to make sure that we continue to deliver meaningful health and wellbeing activities for employees. We're looking forward to making sure we can keep the Gold Award for further year!

Promoting health and wellbeing.



Volunteers support opening of Household Waste Recycling Centres



Two of the volunteers at Shieldhall depot with a Cleansing Operative who was assisting on the day.

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The centres will be manned by regular NS waste disposal attendants – and supported by 13 staff from across the council family who have volunteered to support the operation of this service.

“These centres have been closed since lockdown was implemented to help keep staff and the public safe. We’re delighted that we’ve been able to restart operations whilst following strict social distancing and other safety measures at the sites.”

The volunteers are: **Yvonne Langton, Steven Dowling, Ian McIntosh, Gail Bennett, Niall Hunter, Gillian Bain, Charlotte McCarthy, William Bennett, Lizzie Hamilton, Heather Carbry, Ingrid Bain, Matt Longhurst, Robert McCulloch**

Keeping the city clean



Shagufta Ahmed, one of the Principal Teachers in the EAL (English as an Additional Language) Service run by Education Services, has been commended by her Head of Service for the work she is doing to support children from asylum-seeking families who have recently arrived in the city.

Maria Walker, Head of Service said: "Throughout lockdown the city has continued to welcome asylum seekers who have been provided with accommodation by Mears Group. But because of lockdown, children of these families haven't been able to start school.

"The EAL team has been working with colleagues in Mears Group to provide educational resources for these families so that their children could get involved in some home learning and begin to learn English.

"Since many of these families arrived with nothing but the clothes they were wearing, it was difficult for them to get involved in home learning because of a lack of resources.

"Shagufta Ahmed, one of our Principal Teachers decided to do something about this. During Ramadan, she asked her family and friends if they would like to donate to a fund to buy stationery for these children who were not yet in school.

"Thanks to the generosity of her family, friends and community Shagufta raised over £800 which she used to buy hundreds of items for children of all ages including pencils, pens, notebooks, paints, crayons, paper, calculators, rulers, craft sets. The Mearns Group kindly collected the items and have distributed them to the families"

"I'd like to say a huge thanks to Shagufta for organising this fundraising, to Mears Group for arranging the distribution, and to all of Shagufta's friends and family for helping bring a bit of happiness to vulnerable children in these difficult times."

Supporting children of asylum-seeking families.



Shout out to our staff who are doing a great job

Marie Craig would like a shout out for **Ruchill Early Years Centre**

"Thank you for leaving wonderful messages on the railings of the establishment to lift the spirit in the community and for asking the community and service users to get involved with adding any art, poems or tie a ribbon to our rainbow when passing on people's daily walks. It seems to have attracted a lot of interest in the community."

JamieLee Mullins, Acting Team Leader and Shona Young, Acting Head of Centre at Milton Community Nursery.

"We would like to give a shout out to all the staff at Milton Community Nursery for their hard work, both from home and in the nursery during these challenging times."



Thank You!



#StaySafe



WELLBEING WEDNESDAY

Since lockdown we've been providing wellbeing updates three times a week – including the latest information, guidance, resources and support to help us all to look after our mental health and wellbeing during the current pandemic.

From today, we'll provide our weekly wellbeing information on a Wednesday – providing lots of useful information and support to help us all get through this difficult time.

SELF CARE

In support of **Carers Week**, the focus this week is self-care.

If you are a carer you may be so busy looking after others that taking care of your own health and wellbeing falls down in the priority list of things to do. But taking a break and making time to care for yourself is necessary too. There are little things you can do each day to keep yourself healthy.

Support and advice

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- Our [Tips for staying safe and well](#) has information to help you maintain your own health and wellbeing during these difficult times.
- The [Coping and Self Care](#) section on the National Wellbeing Hub has useful information on how you can stay well whilst caring for others.
- Ideas on how you can keep active, create a routine, find things you enjoy and keep connected with others can be found on the Clear Your Head Scotland website [here](#).
- With reduced access to support such as respite care, [Shared Care Scotland](#) have prepared a list of resources to enable carers to take 'short breaks for strange times' including online courses, virtual museums, games, books and online support services.

Promoting health and wellbeing



Share your story with us



We know you're all proud to play your part for the city – so we would love to hear from you about how you and your colleagues are supporting the city at this challenging time.

You could:

- Give a shout out to a colleague who is going above and beyond to deliver a service
- Tell us if you are volunteering to help deliver an essential service
- Share what your team is doing to keep services running for our citizens.

Email a couple of lines and a mobile phone picture, if you have one, to Insider@glasgow.gov.uk so that we can share your story with colleagues across the council family.

Thank you for making a difference.



Keep up the great work – what we're hearing on Twitter



Maria Wilson

May 28, 2020 - 10:31pm • View Post

Comment

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Thank you to all our bin men and centre guys, it's been a while but you are all taking the correct steps to start our services again. I know people are moaning about the times etc but surly it's better to have some times rather than none. And before we know it yous will be fully open again. I don't hear anyone moaning about the store times just now so why moan about this. To all the workers keep safe and well. Xx

Follow us @GlasgowCC on Twitter or Glasgow City Council on Facebook



**KEEP UPDATED
AT ALL TIMES ON THE WEBSITE**
<https://www.glasgow.gov.uk/staffupdates>