



Primary Menu 2024

Starts 15th April

Select a main meal, drink and dessert. Choose as much fruit and veg, soup and bread as you like.

- ✓ All meals include choice of plain semi-skimmed milk and refresh water
- ✓ All options include – yoghurt and fresh fruit for dessert
- ✓ All dishes are served with a choice of seasonal vegetables or side salad

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Soup (V)	Lentil Soup Selection of Bread (V)	Vegetable & Rice Selection of Bread (V)	Lentil Soup Selection of Bread (V)	Potato & Leek Soup Selection of Bread (V)	Lentil Soup Selection of Bread (V)
Choice 1	Cheese & Tomato Pizza with Pasta (V)	Sausage & Onions in a Finger Roll Plain or Herb Diced Potatoes	Beef Mince Pie with Potatoes	Turkey Sandwich or Roll	Breaded Fish with Potatoes
Choice 2	Falafel Salad Plain or Spiced Diced Potatoes (V)	Quorn Goujons Plain or Herb Diced Potatoes (V)	Baked Beans on Toast (V)	Fish Fingers Oven Chips or Potatoes	Chicken Mayo Sandwich or Roll
Choice 3	Vegetable Spaghetti Bolognese Garlic & Herb Bread (V)	Baked Potato Cheese (V)	Tuna Pasta Salad	Cheese Toastie (V)	Potato wedges Topped with Vegetable Chilli (V)

Medical Diet - If you have any dietary requirements please contact the catering manager

(V) Vegetarian

We use UK seasonal produce when available and where possible use Scottish produce

We also offer
Homemade soup with a
selection of bread



WEEK 1

WEEKLY CYCLE

(2024) 15/4, 6/5, 27/5,
17/6, 12/8, 2/9,
23/9, 21/10, 11/11,
2/12

(2025) 6/1, 27/1, 17/2,
10/3, 31/4



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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Soup (V)	Lentil Soup Selection of Bread (V)	Carrot & Coriander Selection of Bread (V)	Lentil Soup Selection of Bread (V)	Scotch Broth Soup Selection of Bread (V)	Lentil Soup Selection of Bread (V)
Choice 2	Tomato Pasta Garlic & Herb Bread (V)	Fish Fingers with Oven Chips or Potatoes	Sausages in Gravy with Potatoes	Broccoli & Cauliflower Pasta (V)	Beef Spaghetti Bolognaise Garlic & Herb Bread
Choice 2	Cheese Omelette Plain or Herb Diced Potatoes (V)	Cheese Sandwich or Roll (V)	BBQ Chicken Salad in a Bun Plain or Spiced Diced Potatoes	Baked Potato Tuna Mayo	Cheese & Tomato Pizza Plain or Herb Potato Wedges (V)
Choice 3	Quorn Curry with Rice (V)	Turkey Sandwich or Roll	Quorn Pasta Salad (V)	Chicken Burger in a Bun Plain or Spiced Diced Potatoes	Tuna Mayo Sandwich or Roll

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WEEK 2

WEEKLY CYCLE

(2024) 22/4, 13/5, 3/6,
24/6, 19/8, 9/9,
30/9, 28/10, 18/11,
9/12

(2025) 13/1, 3/2, 24/2,
17/3



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Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Soup (V)	Lentil Soup Selection of Bread (V)	Minestrone Soup Selection of Bread (V)	Lentil Soup Selection of Bread (V)	Potato & Leek Soup Selection of Bread (V)	Lentil Soup Selection of Bread (V)
Choice 1	Macaroni Cheese Garlic & Herb Bread (V)	Chicken Sandwich or Roll	Beef Savoury Mince with Potatoes	Fish Fingers with Oven Chips or Potatoes	Roast Chicken Yorkshire Pudding with Potatoes
Choice 2	Quorn Goujons with Plain or Herb Diced Potatoes (V)	Beef Burger in a Bun with Plain or Spiced Diced Potatoes	Cheese & Tomato Pizza Plain or Herb Potato Wedges (V)	Italian Chicken Pasta	Turkey Sandwich or Roll
Choice 3	Vegetable Paella with Garlic & Herb Bread (V)	Quorn Hot Dog & Onions Plain or Herb Diced Potatoes (V)	Tuna Sandwich or Roll	Cheese Sandwich or Roll (V)	Baked Potato Quorn & Sweetcorn Mayo (V)

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WEEK 3

WEEKLY CYCLE

(2024) 29/4, 20/5, 10/6,
26/8, 16/9, 7/10,
4/11, 25/11, 16/12

(2025) 20/1, 10/2, 3/3,
24/3