

Just Checking

This web-based system is used as an assessment tool to identify the most effective and least intrusive care required for a service user.

Sensors are used throughout the house to detect patterns of movement over a pre-determined period of time. The Just Checking system is installed for a maximum period of 4 weeks to inform the assessment of health and care needs.

Benefits:

- It can provide a full picture of a service user's movements in their home and it can highlight any immediate risks, for example leaving the home unsafely during the night
- It can highlight if a service user is having disturbed sleep patterns, for example getting up during the night for long periods of time or unexpectedly leaving their house
- The system can help assessors differentiate between perceived and actual risk and can be a useful evidence base for assessments.



Key Points

- It is most effective when used to assess the needs of a service user living on their own

- This is an assessment tool and requires to be managed by GCHSCP practitioners
- The charts that the Just Checking system produces require to be monitored regularly by designated GCHSCP staff (at least once a week)
- No names, addresses or personal details are held on the system. The information collected will be accessed only by designated GCHSCP practitioner, using a secure password
- The system will be uplifted automatically after the 4 week assessment period ends
- Some service users may find the system intrusive as it records movements in real time, it is important to fully discuss this with the service user or legal representative beforehand to ensure compliance.