



Physical Education  
Physical Activity  
School Sport

# PEPASS

together inspiring success

## PEPASS Programmes

### Primary

#### **Athletics: Get Ready To Run city wide P5. 6 week programme/5000 children**

- Introduction to running and improving techniques
- CPD for teachers to include training/mentoring manual
- Community club links through mentoring for school programme

#### **The Great Scottish Schools Run/3500 pupils**

- Get Ready to Run Schools to work towards final event
- Part of the Bank of Scotland Great Scottish Run weekend
- All children to run 1 mile
- Multi sport come and try activities for all

#### **Cross Country: city final event P6-P7/1000 children**

- City wide school led cross country programmes/7500 children

#### **Glasgow Schools Primary Athletics: city wide P6-P7 programme/1800 children**

- Track and field competition
- Qualifiers to take place over three days across the city
- City final at Scotstoun Stadium/up to 600 children

#### **Scottish Country Dance Festival: city wide P5-P7 (inc. ASL)/7000 children**

- School programme supported by Royal Scottish Country Dance Society (RSCDS)
- CPD opportunities for school staff
- City festival at Glasgow Club Bellahouston/800 children

#### **Determined to Dance: City wide P1-P3 (inc. ASL) 8 week programme/5000 children**

- Boys and girls to participate in a variety of dance styles
- CPD opportunities for school staff
- Final event/shows/competitions

#### **Soccer 4: city wide P4/ 8 week programme/5000 children**

- Introduction to football for boys and girls
- CPD opportunities for school staff
- Community club links
- Festivals and events

#### **Netball: city wide P5-P7/ 6 week programme/1200 children**

- Introduction to netball skills
- CPD opportunities for school staff
- Area festivals/400 children
- City finals at Emirates Arena/120 children

#### **Swim School: city wide P5 & P7/ 13 week programme/7500 children**

- The Glasgow schools' swim team deliver a learn to swim programme to all Glasgow primary schools
- Primary Swimming Gala: city wide swimming festival/400 children at Tollcross International Swimming Centre

### Gymnastics: Legacy programme City wide P1-S6 (inc. ASL)

Gymnastics has grown across the City as part of the Legacy of the Games. Both curricular and out of school hours participation has grown to reflect the desire of children and young people to engage with the sport.

Partnership working between Education and Glasgow Life has strengthened the school to club links thus ensuring pathways for the children & young people to continue and develop within gymnastics.

- Gymnastics Interdisciplinary Learning Resource for primary & secondary schools created
- CPD opportunities for school staff
- Community club links, coaching and mentoring support
- 30 schools in attendance at a training session on the full size gymnastics floor at the Glasgow Club Bellahouston Gymnastics Centre
- 6 week coaching programme at the Palace of Art Gymnastics Centre
- Completion of UKCC level 1 coaching award in gymnastics by 12 senior pupils
- Support by these pupils to be given to local primary schools in their delivery of gymnastics
- 500 children from gymnastics schools at the men's qualifiers at the SSE Hydro on Monday 26 October
- Glasgow Schools' Annual Gymfest on at SSE Hydro's and Emirates Arena
- 600 children and young people from various primary, secondary and ASL schools to showcase their artistic gymnastics floor routines
- 1500 parent/carers spectators to attend the event

For further information on any of the programmes, please contact:

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## Secondary

### **Glasgow's Track Cycling Programme: city wide S3-S6/ 4 week programme/300 young people**

- Indoor track cycling at Sir Chris Hoy Velodrome
- Invitation to all secondary schools to take part
- 100 young people to receive the opportunity to progress to Scottish Cycling accreditation and Junior Development pathways

### **Soccer 1, 2 & 3: city wide S1-S3**

#### **Boys' Football Programme/300 young people**

- Football festivals to be played fortnightly at Toryglen Regional Football Centre
- Delivered in partnership with SFA and Glasgow Life
- Student volunteer opportunities
- CPD opportunities for school staff
- End of term festivals and events

### **Soccer G: city wide S1-S4/**

#### **Girls' Football Programme/300 young people**

- Football league to be played fortnightly at Toryglen Regional Football Centre
- Delivered in partnership with SFA and Glasgow Life
- Student volunteer opportunities
- CPD opportunities for school staff
- End of term festivals and events

### **Glasgow Schools Indoor Rowing: city wide S1-S6 (inc. ASL) programme/1000 young people**

- Indoor rowing opportunities extending to outdoor programme
- Curricular and out of school hours delivery
- Interschool competition
- Club pathways

A number of young people who have participated in the programme have been successful in representing Great Britain

### **Sports/Dance Leaders: city wide S3-S6 (inc. ASL) programme/1600 young people**

- Leadership programme linking to delivery of physical activity and dance
- Accredited by Sports Leaders UK
- Volunteer opportunities
- Participants to develop key skills in sport and physical activity delivery and in event management
- Courses to include first aid and access to coach education

### **Young Ambassadors: city wide S5-S6 (inc. ASL) programme/56 young people**

- Delivered in partnership with Sportscotland
- Selection of 2 senior pupils from each secondary school
- Young people to use newly learned skills to plan and deliver a school level strategy for sport and physical activity

### **Adventure Race: city wide annual S3-S6 programme/140 young people Pollok Park**

- Young people to work as a team and represent their school by taking part in biking, obstacle course, team challenge, orienteering and kayaking
- Schools to work with Blairvadach staff in preparation for the final event

## **Giant Heptathlon City wide S1 -S2 (inc.ASL)**

Giant Heptathlon is an exciting competition format for S1 to S2 pupils. It provides a great opportunity for secondary schools to introduce the basic principles of athletics within a fun, team-based environment. This can be delivered as part of PE curricular sessions or as a school club activity.

- Hosted in Emirates Arena
- Possibly part of a formal competitive structure across the local authority area
- Winners to progress to regional and national competition within Scottish Athletics
- Supported through funding from Sportscotland via Secondary School Sport Competition Coordinator
- Funding from Sportscotland and Education PEPASS
- Active Schools and athletics clubs to develop athletics clubs in Glasgow secondary schools
- 20 secondary schools to attend
- 280 young people to participate
- Events: 60m sprint, 60m hurdles, 600m run, indoor javelin, shot putt, long jump and standing triple jump
- Holyrood Secondary won and hope to retain their trophy in 2016 and came 2nd in the Regional Competition.

## Primary and Secondary

### **Dance programme: city wide extensive opportunities across the city to learn and perform/4500 pupils**

- In partnership with Active Schools and Determined to Dance
- Out of school hours coaching
- CPD opportunities for staff
- Dance heats to be held across the city, co-ordinated by Active Schools and Dance Development Officer
- Glasgow schools final event at the Emirates Arena/ 1000 children and young people participate

### **ASL Sports Star Challenge: city wide ASL P4-S2 (inc. units)/300 children**

- Pupils to participate in a variety of sporting challenges over 5 events throughout the year

### **Pinkston Basin: city wide programme for P6-S6 (inc. ASL)**

- Flat water and white water activities to be delivered by Blairvadach staff
- Complemented by other outdoor learning and adventure activities around the city's parks