



# Secondary Menu

## Starts 21st April 2025

**We also offer**  
Homemade soup with a  
selection of bread



Select a main meal, drink and dessert. Choose as much fruit and veg, soup and bread as you like.

- ✓ All meals include choice of plain semi-skimmed milk and bottled water
- ✓ All options include – yoghurt and fresh fruit for dessert
- ✓ All dishes are served with a choice of seasonal vegetables or side salad

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup</b> (V)	Lentil Soup Selection of Bread (V)	Minestrone Soup Selection of Bread (V)	Lentil Soup Selection of Bread (V)	Carrot & Coriander Soup Selection of Bread (V)	Lentil Soup Selection of Bread (V)
<b>Choice 1</b>	Tomato Pasta Crusty Bread (V)	Chicken Tikka Boiled Rice	Beef Lasagne Crusty Bread	Roast Chicken Yorkshire Pudding with Roast Potatoes	Quorn Hot Dog & Onions in a Finger Roll Plain or Herb Diced Potatoes (V)
<b>Choice 2</b>	Cheese & Tomato Quiche Potatoes (V)	Fish Fingers with Oven Chips or Potatoes	Chicken Meatballs Spicy Tomato Sauce in a Roll	Cheese Sandwich or Roll (V)	Turkey Sandwich or Roll
<b>Choice 3</b>	Baked Beans on Toast (V)	Egg Mayo Sandwich or Roll (V)	Baked Potato Cheese (V)	Sausage Cowboy Beans Potatoes	Chicken Mayo Pasta



**WEEK 1**

**WEEKLY CYCLE**

(2025) 21/4, 12/5, 2/6,  
23/6, 11/8, 1/9,  
22/9, 20/10, 10/11  
  
(2026) 1/12, 5/1, 26/1,  
16/2, 9/3, 30/3

**Medical Diet – If you have any dietary requirements please contact the catering manager**

(V) Vegetarian

We use UK seasonal produce when available and where possible use Scottish produce



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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup</b> (V)	Lentil Soup Selection of Bread (V)	Vegetable & Rice Selection of Bread (V)	Lentil Soup Selection of Bread (V)	Tomato Selection of Bread (V)	Lentil Soup Selection of Bread (V)
<b>Choice 1</b>	Macaroni Cheese Crusty Bread (V)	Sausages in Gravy with Potatoes	Chicken Curry Boiled Rice	Beef Mince Pie with Potatoes	Breaded Fish with Potatoes
<b>Choice 2</b>	Vegetable Curry Boiled Rice (V)	Baked Potato Coleslaw (V)	Tuna Pasta Salad	Quorn Hot Dog & Onions in a Finger Roll Plain or Herb Potato Wedges (V)	Turkey Sandwich or Roll
<b>Choice 3</b>	Cheese Toastie (V)	Chicken Sandwich or Roll	Quorn Goujons Salad Wrap (V)	Tuna Sandwich or Roll	Quorn Mayo Sandwich or Roll (V)



**WEEK 2**

**WEEKLY CYCLE**

(2025) 28/4, 19/5, 9/6,  
18/8, 8/9, 29/9,  
27/10, 17/11, 8/12

(2026) 12/1, 2/2, 23/2,  
16/3

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Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup</b> (V)	Lentil Soup Selection of Bread (V)	Carrot & Coriander Selection of Bread (V)	Lentil Soup Selection of Bread (V)	Scotch Broth Soup Selection of Bread (V)	Lentil Soup Selection of Bread (V)
<b>Choice 1</b>	Omelette Potatoes (V)	Chicken Pie with Potatoes	Beef Bolognese Crusty Bread	Fish Fingers with Oven Chips or Potatoes	Chicken Burger in a Bun Plain or Spiced Diced Potatoes
<b>Choice 2</b>	Soft Cheese Sandwich or Roll with Banana (V)	Baked Potato Tuna Mayo	Chicken Sandwich or Roll	Baked Potato Vegetable Bolognese (V)	Dhal Boiled Rice (V)
<b>Choice 3</b>	Cheese & Tomato Pizzini with Pasta (V)	Cheese Toastie (V)	Quorn Curry with Rice (V)	Turkey Sandwich or Roll	Tuna Mayo Sandwich or Roll



**WEEK 3**

**WEEKLY CYCLE**

(2025) 5/5, 26/5, 16/6,  
25/8, 15/9, 6/10,  
3/11, 24/11, 15/12

(2026) 19/1, 9/2, 2/3, 23/3

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